



SWAP the sip



Get your
FREE
cup, plate and
toothbrush
today



Come and find out how the
Nutrition Ed. bamboo cup,
toothbrush and healthy portion
plate help kids to sip, brush
and eat sustainably.

Giving young children a cup instead
of a bottle helps promote healthy
oral development, reduces the risk
of tooth decay, and encourages
independent drinking skills.

For more information and to order please visit
www.nutritioned.uk or email info@nutritioned.uk

**Nutrition
Ed.** |