

Tuesday 20<sup>th</sup> May 2025

Dear Parents/Carers,

As part of our Personal, Social, Health and Economic (PSHE) education programme, pupils in **Years 5 and 6** will soon begin a unit of work focusing on **Relationships Education**. These lessons are designed to support children's understanding of themselves and others as they grow and change, and they form an important part of the statutory curriculum.

During this unit, we will cover a range of age-appropriate topics, including:

- The impact of puberty on physical and emotional wellbeing
- The importance of personal hygiene during puberty
- An introduction to human reproduction, including **pregnancy and conception**

We understand that these are sensitive topics, and we want to reassure you that the content will be delivered in a **safe, respectful, and age-appropriate** manner by experienced staff. The lessons will also be delivered to girls and boys separately. Our aim is to equip children with accurate information, develop their confidence, and help them make informed and respectful choices as they grow older.

We strongly encourage all children to take part in these lessons, as they provide essential knowledge and promote healthy attitudes. However, we also recognise that some parents may have questions or concerns.

If you do have any questions or concerns about the **non-statutory elements** of Relationships Education (specifically the lesson on conception), or would like to discuss the content further, we kindly ask that you arrange a meeting with **Miss Hunter** via the school office by **Friday 6<sup>th</sup> June 2025**.

Please feel free to contact the school if you have any queries in the meantime.

Thank you for your continued support.

Yours sincerely,

Miss Hunter