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22nd September 2026

Re: Consultation on our Relationships, Sex and Health Education (RSHE) Policy

Dear Parents and Carers,

At Brentfield, we are committed to supporting all of our pupils to grow into happy, healthy, safe and respectful young people. An important part of this is providing high-quality, age-appropriate Relationships, Sex and Health Education (RSHE).

In line with new guidance from the Department for Education (DFE), we are currently updating our **RSHE Policy and curriculum** and would like to invite parents and carers to take part in our consultation. We greatly value the important role that parents and carers play in their children's education, and we want to ensure that you have an opportunity to understand our approach, ask questions and share your views.

The guidance from the DFE sets out schools' responsibilities in providing pupils with the knowledge and skills they need to make informed decisions about their wellbeing, health and relationships, while ensuring that teaching is appropriate to pupils' age and development.

The **Brentfield Curriculum for Relationships and Sex Education** remains the same. No changes have been made to the content of these lessons. The updates are in the Relationships Education section of the curriculum. The following curriculum coverage has been added to reflect the updates and guidance from the DFE:

Families and People Who Care for Me:

- That the families of other children, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care

Online Relationships:

- How to critically evaluate their online relationships and sources of information, including awareness of the risks associated with people they have never met. For example, that people sometimes behave differently online, including pretending to be someone else, or pretending to be a child, and that this can lead to dangerous situations. How to recognise harmful content or harmful contact, and how to report this.

As part of our consultation, we are inviting parents and carers to:

- Read our **proposed** RSHE Policy, available on the school website and attached to this message.
- Review information about the content of our RSHE curriculum – the RSHE curriculum map (on website and attached)
- Share comments, questions or feedback with us by **22nd November** via admin@brentfield.brent.sch.uk (please enter the subject as **RSHE consultation** *FAO Miss Hunter and Mrs Patel*)

Parent Coffee Morning (Thursday 15th October 2026 – 8:50am)

We warmly invite you to join us for a coffee morning where we will explain our approach to RSHE and give you an opportunity to **find out more about what children will learn and when, see examples of curriculum materials and resources, ask questions, and share your views.**

Following the consultation period, we will carefully consider the feedback received before finalising our RSHE Policy. The final policy will then be made available to parents and carers.

Further information about the Department for Education's statutory guidance on Relationships Education, Relationships and Sex Education (RSE) and Health Education is available on the GOV.UK website.

Thank you for working in partnership with us. We look forward to hearing your views and welcoming you to our coffee morning.

Yours sincerely,

Mrs Patel
Deputy Headteacher

Ms Hunter
Personal Development Curriculum Leader